



### EUROPEAN PROJECT FOR EDUCATION IN OSTEOSYNTHESIS FOR SURGICAL MANAGEMENT OF FRACTURES FOR ORTHOPEDIC SURGEONS AND BIOMEDICAL ENGINEERS









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### Partners

The consortium consists of:

- orthopaedic surgeons,
- experts in biomechanics,
- experts in educational technology and e-learning materials development,
- institutions providing continuing education for professionals in mechanical engineering and in orthopaedics.





Orthopaedic Surgery & Musculoskeletal Trauma Faculty of Medicine, University of Thessalia







- European eHealth strategy
- Needs of target groups:
  - increased pressure by patients and patient organizations to improve quality and prevent errors;
  - continuous introduction of new surgical techniques and implant models, many of them being not well known to surgeons;
  - need of better trained professionals able to address the growing demand in the field.

There is a need of e-learning courses with demonstrations, simulation of the cases for predictive, evidence based planning and intervention and they will be more useful for the doctors in remote regions.



- Identifying and analysing the needs of biomedical labour market, of biomedical engineers, orthopaedic surgeons, managers, residents in the sector.
- Selecting and adapting the e-learning innovative content to meet these needs and upgrade the content with the new developments in the sector.
- Adapting, upgrading and implementing the Osteoform e-learning materials to the legal framework, training system, and language in Bulgaria and Greece and to the needs of the target groups in all partner countries.





- **Residents in orthopaedics and orthopaedic surgeons** needs to update their knowledge on issues related to the surgical techniques of osteosynthesis;
- Engineers in mechanics needing knowledge and skills in biomechanical engineering for working in the development and manufacture of osteosynthesis implants.





- e-learning platform with training courses specialized in the field of bone fractures and osteosynthesis
- This initiative is focused on long bones fracture, and their diagnosis and treatment, including implants used in their restoration.
- OSTEOform also supports a database of anonymous cases that is continously updated with presurgical and postsurgical patient information.







The system offers:

- Specialized training courses:
- A database of anonymized clinical cases.
- A virtual community of skilled professionals (discussion boards, chats, faqs, blogs, etc).
- Usage of the simulation services with generic implants.
- A tool to practice bone fracture analysis



### Example "Fracture mechanisms"

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Working out the possible mechanism of injury from the clinical and X-ray characteristics of a fracture is not just an academic exercise.

Knowing how a fracture occurred has a series of therapeutic implications.

Fractures can be classified according to the type of forces that caused them.





- Generation of teaching materials for courses taught in doctoral and MSc programmes in osteosynthesis of biomechanics;
- A database of clinical fractures.
  - It can be used as a training tool of diagnosis, the trainee may use the Internet through the analysis of practical cases based on real clinical cases, and this will result in better training of surgeons with reduced learning time and less need for face clinical sessions;



- Created finite element models of long bones and major osteosynthesis implants.
- These models can provide the mechanical behaviour of the implant, once implanted in a patient,
  - improving the understanding of the mechanisms that underlie the osteosynthesis techniques,
  - helping surgeons in selecting the most suitable implant for each clinical case and engineers in the design process and improving existing products.



- Surgeons were satisfied by the usability of the computer system, the interface and the information provided.
- Pilot test participants felt comfortable using internet for educational purposes and working in in Internet-based environment.
- After finishing the course surgeons emphasized on the learning support they got in ostheosyntesis and felt the content resourced associated with the tasks as presented in a comprehensible way.





## Summary and conclusions

Expected impact on the target users. The courses will allow :

- medical professionals to update and expand their knowledge of the biomechanics of fractures and fixation techniques, and
- engineers in the field of surgical implants to acquire knowledge that will result in improved design implants.

In long term:

 As a result of the continuous training, surgeons will know the latest surgical techniques and the best alternatives for the patient; they will have skills for the identification of lesions, and as a result, there will be a reduction in health care costs and improved quality of life of patients undergoing surgery.



# Summary and conclusions

• Work in progress within the OrthoBioMed project:

http://telearn.tu-sofia.bg/OrthoBioMed/

- Learning environment on:
- http://campus.ibv.org/

